



# Neurobiological Foundations for EMDR Practice

*Uri Bergmann PhD*

Download now

[Click here](#) if your download doesn't start automatically

# Neurobiological Foundations for EMDR Practice

*Uri Bergmann PhD*

## Neurobiological Foundations for EMDR Practice Uri Bergmann PhD

This volume introduces the most current research about the neural underpinnings of consciousness and EMDR (eye movement desensitization and reprocessing) in regard to attachment, traumatic stress, and dissociation. It is the first book to comprehensively integrate new findings in information processing, consciousness, traumatic disorders of information processing, chronic trauma and autoimmune compromises, and the implications of these data on the Adaptive Information Processing (AIP) model and EMDR treatment

The text examines online/wakeful information processing, including sensation, perception, somatosensory integration, cognition, memory, language and motricity, and off-line/sleep information processing, such as slow wave sleep and cognitive memorial processing, as well as REM/dream sleep and its function in emotional memory processing. The volume also addresses disorders of consciousness, including coma, anesthesia, and other neurological disorders, particularly disorders of Type 1 PTSD, complex PTSD/dissociative disorders, and personality disorders. It delves into chronic trauma and autoimmune function, especially in regard to diseases of unknown origin, and examines them from the perspective of autoimmune compromises resulting from the unusual neuroendocrine profile of PTSD sufferers. The final section integrates all material to illustrate the tenets of the AIP model and the implication of this material with respect to current EMDR treatment, as well as techniques to render it more robust

### Key Features:

- Provides a neurobiological foundation that informs our understanding of human development, disorders of attachment, and information processing
- Examines biological underpinnings of EMDR and other psychotherapeutic modalities regarding successful treatment outcomes for attachment, stress, and dissociation
- Offers the latest research in neurosciences relevant to attachment, traumatic stress, and dissociation
- Explicates disorders as outcomes of chronically dysregulated, evolutionarily based, biological action systems
- Illustrates EMDR's sensorial input to the brain as a neural catalyst that can facilitate repair of dysfunctional neural circuitry
- Includes illustrative neural maps

 [Download Neurobiological Foundations for EMDR Practice ...pdf](#)

 [Read Online Neurobiological Foundations for EMDR Practice ...pdf](#)

## **Download and Read Free Online Neurobiological Foundations for EMDR Practice Uri Bergmann PhD**

---

### **From reader reviews:**

#### **David Boggs:**

Book is definitely written, printed, or descriptive for everything. You can understand everything you want by a guide. Book has a different type. As you may know that book is important point to bring us around the world. Close to that you can your reading expertise was fluently. A book Neurobiological Foundations for EMDR Practice will make you to become smarter. You can feel far more confidence if you can know about almost everything. But some of you think in which open or reading some sort of book make you bored. It is far from make you fun. Why they could be thought like that? Have you trying to find best book or ideal book with you?

#### **Lydia Donaldson:**

The event that you get from Neurobiological Foundations for EMDR Practice will be the more deep you excavating the information that hide within the words the more you get serious about reading it. It does not mean that this book is hard to know but Neurobiological Foundations for EMDR Practice giving you excitement feeling of reading. The copy writer conveys their point in selected way that can be understood by means of anyone who read the idea because the author of this book is well-known enough. This book also makes your current vocabulary increase well. Making it easy to understand then can go along with you, both in printed or e-book style are available. We recommend you for having this Neurobiological Foundations for EMDR Practice instantly.

#### **Roger Thomas:**

Precisely why? Because this Neurobiological Foundations for EMDR Practice is an unordinary book that the inside of the book waiting for you to snap this but latter it will jolt you with the secret this inside. Reading this book alongside it was fantastic author who else write the book in such amazing way makes the content inside of easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of gains than the other book have got such as help improving your proficiency and your critical thinking approach. So , still want to postpone having that book? If I had been you I will go to the reserve store hurriedly.

#### **Agatha Draper:**

Many people spending their period by playing outside using friends, fun activity using family or just watching TV all day long. You can have new activity to invest your whole day by reading a book. Ugh, think reading a book can actually hard because you have to use the book everywhere? It okay you can have the e-book, having everywhere you want in your Cell phone. Like Neurobiological Foundations for EMDR Practice which is obtaining the e-book version. So , try out this book? Let's see.

**Download and Read Online Neurobiological Foundations for  
EMDR Practice Uri Bergmann PhD #TK2F1A7LY3Z**

## **Read Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD for online ebook**

Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD books to read online.

### **Online Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD ebook PDF download**

**Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD Doc**

**Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD Mobipocket**

**Neurobiological Foundations for EMDR Practice by Uri Bergmann PhD EPub**