



# **Terroir - The Cookbook**

*Michael Broughton*

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## **Terroir - The Cookbook** Michael Broughton

Terroir is one of the Cape Winelands' most acclaimed restaurants. It is located on the beautiful, family-owned Kleine Zalze wine farm in Stellenbosch where its oak tree-shaded setting is ideal for enjoying an elegant and refined, yet leisurely meal. The chalkboard menu reflects Chef Michael Broughton's ethos: what you leave off the plate is just as important as what you put on it. His deceptively 'simple' dishes – using quality, seasonal ingredients of local, traceable, and ethical provenance – are a sublime marriage of texture and colour, characterised by bold, punchy flavours that remain true to the original ingredients. Terroir – The Cookbook is a culmination of Michael's techniques and skills that he has acquired over the years, a collection of recipes that are authentic and true to the Terroir style, much of which is grounded in the French classics and, by default, technically challenging. However, this is not a book for chefs only, but rather for those who want to stretch themselves creatively and technically in the kitchen.

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