



# True Work: Doing What You Love and Loving What You Do

Michael Toms, Justine Toms

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### True Work: Doing What You Love and Loving What You Do

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True Work: Doing What You Love and Loving What You Do Michael Toms, Justine Toms Here is wisdom for the workplace from the husband-and-wife team of the nationally syndicated public radio series New Dimensions, which airs each week on more than 300 stations and is often described as "Bill Moyers on radio."

Some people are consumed by their work, others simply endure it as they anticipate the weekend or retirement, and hardly anyone enjoys it anymore. If we could find a way to transform how we view what we do so that it becomes a source of enjoyment and refreshment, it would be a cause for celebration. And indeed, this is exactly what Michael and Justine Toms provide in their remarkable book--the fruit of their own twenty-five years of practical experience.

According to the Toms, the bottom line is: Has our compassion grown with our business? Has our wisdom expanded with our budget? And has our laughter increased with our staff? Their book looks at work as service and as a spiritually sustaining activity that promotes healing. It is brimful with stories and helpful techniques culled from their radio interviews with Joseph Campbell, Buckminster Fuller, the Dalai Lama, Alice Walker, Jon Kabat-Zinn, Marsha Sinetar, and many others.

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