



Applying Career Development Theory to Counseling

Richard S. Sharf

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Richard Sharf goes beyond simply presenting theory to show the reader how to apply the principles in a counseling setting, making this book useful for both practicing counselors and counselors-in-training. Sharf covers three major theoretical areas (trait and type, life-span, and special-focus theories) in Parts I-III, then discusses theoretical integration in Part IV, with each theory providing a unique perspective on career development. The book also offers numerous case examples, discusses career testing from a practical and theoretical perspective, and integrates labor-market information with career theory. In addition, this book has been praised for having a clear writing style, useful case examples, and material included throughout on diversity.

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