



Creating a Healthy Work Environment

Cathy Jameson PhD

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"What if you loved going to work? What if your co-workers were friends, as well as colleagues? What if your work was personally fulfilling? What if you were encouraged to express your talents and gifts at work? What if you could be 'on purpose' and make a difference? What if you felt appreciated? What if..." That's what this book is about. Dr. Cathy Jameson's lifelong study of leadership, communication, teamwork and management combine to provide a practical and inspirational guide of how each person in the workplace can make a difference. It's not 'up to the boss' to make the environment healthy. Each person has an opportunity to lead the way to Creating a Healthy Work Environment. You count! "Cathy Jameson is a clear and bright voice that lifts organizations. Her contribution to healing and harmonizing cannot be overestimated. Read this book, open, grow, and succeed in ways beyond those you have known. Highly recommended!" Alan Cohen New York Times Best Selling Author Author of "A Deep Breath of Life," Hay House Publishers

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