



Trees Grow: Memoir Of An Americana Singer-Songwriter's Struggle Through Homelessness

Mark Zakrzewski

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“TREES GROW” is a memoir of a man who grew up in a large Midwest farm family in the 70’s as a middle-middle child in a family of eight kids. Sibling enmeshment, severe anxiety, and other problems evolve into the disorder called Borderline Personality Disorder although it was never diagnosed until his mid-forties. In the middle of his journey, he found himself living in a stairwell of an abandoned building in Tennessee and then taking refuge in the Nashville Rescue Mission. He often slept in the courtyard of the mission on the concrete using his shoes as pillows. Two highlights of his life happen during this lowest time of his life: working in a major motion picture and being part of a music show on a famous stage in Nashville. He worked himself back into society and then went back to college to finish his four-year degree. The walk across the stage at graduation was the “walk out of the distant state of humanness”. “TREES GROW” is a story of the survival of an All-American kid who spent over 25 years peeling away layers of problems to get at the source of why he couldn’t keep a steady job or keep relationships with friends, family, and co-workers. Writing the memoir served as a catalyst in getting to the root cause of why life has been a foreign language to him.

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