



# Energized Hypnosis: A Non-Book for Self-Change

*Christopher S. Hyatt, Calvin Iwema*

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Why do we call this a 'non-book'? Because this is not a text you 'read at'. Its very structure and contents are designed to put you into the Energized Hypnosis state as you learn how to do it at will. Reading is doing!!

What is Energized Hypnosis? It is a breakthrough program for gaining personal power, peace of mind and enlightenment. The techniques of Energized Hypnosis were developed many years ago by Dr. Christopher Hyatt and Dr. Israel REGARDIE, but have remained 'in the closet'...until now.

How does Energized Hypnosis work? First the entire body is energized, opening it to the power of your suggestions. Once the body-mind is freed from its energy blocks, the full effect of hypnosis can be utilized to change not only habits but your entire approach to life! This method takes advantage of our deep organic nature, which Dr. Hyatt calls the 'Innate Power Response'. Using the methods of Energized Hypnosis, you will learn to elicit this Response at Will to enhance relationships, control habits, improve business and, most importantly, harness the power and wisdom of the Universal Mind.

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Spent a free time to be fun activity to accomplish! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, about to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could possibly be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to try look for book, may be the reserve untitled Energized Hypnosis: A Non-Book for Self-Change can be fine book to read. May be it is usually best activity to you.

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