



The Better Than Best Friend Guide: Becoming the Friend You Need Her to Be

Marty Fletcher

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TO HAVE A REAL FRIEND YOU MUST FIRST BE ONE... The purpose of writing The Better Than Best Friend Guide is to help women become better friends to their girlfriends. As much as women have progressed in many areas of their lives, their career, their intimate relationships, women seem to have digressed in girlfriend relationships. The relationship between girlfriends seems to suffer, is sometimes sabotaged and definitely taken for granted. As women we all are guilty of it. Whether we forgot to call our best girlfriend on her birthday, stopped talking because of a man, fell out because of gossip. No matter what, although the intentions might be good, at some point and time we have all been very, very, bad girlfriends. So what can we do to mend the relationships that seem to be damaged beyond repair? How can we apologize when 'sorry' just doesn't seem like enough? How do we communicate effectively with our girlfriends instead of just assuming that 'she should know how I feel'? What can we do to show that our girlfriends are just as important as any other relationship in our lives? It has been said that girlfriends are there to the end, but if that statement has any truth, some ends are very short lived! The Better Than Best Friend Guide will give pointers on improving strained relationships, mending broken relationships, and maintaining great girlfriend relationships. Along with real-life scenarios and humor expect to be highly entertained, educated, and informed on how to become a better girlfriend to your friends. The Better Than Best Friend Guide can be used to strike up honest conversations with your girlfriends. What would you do if you caught your girlfriend's man out with another woman? Is it okay to share your girlfriend's personal business with your man? Do you feel like you are a good girlfriend? Would your girlfriend agree with you? Well, there's only one way to find out the answer to these questions. Pull up a comfortable chair and let's tal

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Gayle Oconnell:

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