



## **Managing Abandonment Issues Through Recovery**

Mark Smith LCSW

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#### Managing Abandonment Issues Through Recovery Mark Smith LCSW

Abandonment issues are wicked, brutal, explosive, crippling, damaging, and standing ever-ready to completely ruin countless otherwise happy and peaceful moments or events. They're a raging bull in a fragile emotional china shop. They're an irritating bee buzzing around your head, waiting to sting. They're a terrifying fire-breathing fire-breathing dragon directing all of his or her fury,rage, and fire at you!

#### HERE ARE SOME UNIQUE CHARACTERISTICS OF THIS PRACTICAL AND HELPFUL BOOK...

- 1. A gritty, practical, in depth, no holds barred study of 20 couples suffering mightily from severe abandonment issues
- 2. Abandonment issues are clearly defined and many powerful clinical examples are used to describe typical out of control behaviors
- 3. Gut wrenching discussion of the author's own torturous struggles with abandonment issues and relationship addiction
- 4. Intensive focus on the Recovery process and how to get and stay healthier
- 5. Written in Mark Smith's popular, folksy, informal, jolting, humorous, insightful style
- 6. Powerful, jarring, beautiful images that tell the emotional story of the book with a thousand unwritten words
- 7. Written by one of the world's foremost experts on abandonment issues
- 8. The creative added learning value of over 46 live links to life-changing multimedia such as podcasts, articles, Blogs, videos by Family Tree Counseling Associates Staff, books, movie scenes, music videos, etc. that greatly enhance the experience of the book.



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