



Well-being and Performance at Work: The role of context (Current Issues in Work and Organizational Psychology)

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Psychology has been interested in the well-being and performance of people at work for over a century, but our knowledge about both issues, and how they relate to each other, is still evolving. This important new collection provides new understandings on what it means to work productively while also feeling happy, socially related and healthy.

Including contributions from a range of international experts, the book begins with a conceptual framework for understanding both concepts, before showing how a variety of different contexts, both organizational and personal, impact upon well-being and performance. The book includes chapters on specific job roles, from creative work to service positions, as well as the importance of HR policies and how the individual worker can determine their own well-being and performance.

Also featuring a chapter on researching this fascinating area, Well-being and Performance at Work will be essential reading for all students and researchers of organizational or occupational psychology, HRM and business and management. It is also hugely relevant for any professionals interested in the productivity and well-being of their organizations.



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