



Basic Human Anatomy: An Essential Visual Guide for Artists

Roberto Osti

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A comprehensive, yet flexible and holistic approach to the human body for artists, Roberto Osti's method of teaching anatomy is exhaustive, but never loses sight of the fact that this understanding should lead to the creation of art.

Basic Human Anatomy teaches artists the simple yet powerful formula artists have used for centuries to draw the human figure from the inside out. Osti, using the basic system of line, shape, and form used by da Vinci, Raphael, and Michelangelo, takes readers step-by-step through all the lessons needed in order to master this essential foundation skill. Organized progressively, the book shows readers how to replicate the underlying structure of the body using easy-to-understand scales and ratios; conceptualize the front and side views of the skeleton with basic shapes; add detail with simplified depictions of complex bones and joints; draw a muscle map of the body with volumetric form and realistic dimension; master the feet, hands, and skull to create realistic renderings of the human form; and apply a deeper knowledge of anatomy to finished drawings for more impact.

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