



Life After Breakup: Mastering A Breakup - Taking Back Your Power

Catherine Jones

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Love is an extremely beautiful feeling, which makes our lives spin around. Everything is perfect while it lasts but unfortunately if things go downhill, life will suddenly seem dull and gloom. Almost everyone has tasted the bitter truth of a heart break.

If you have recently been through a breakup, chances are everything seems blue. Fear not, at the end of the day, people come and people go; you need to hold on to the reins and steer your way out of despair.

If you are clueless about how to get past your heartbreak and want to move on in life, then you have reached the right place. This eBook will serve as your friend, philosopher and guide when it comes to getting past a breakup and finding happiness once again.

There are several tips mentioned in the book, which will act as a step-by-step guide on what you need to do to get over this trying time and come out looking forward to the next step in your life.

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