

Secrets From a Country Kitchen: Over 100 Contemporary Recipes for Conventional Ovens and Agas

Lucy Young



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Using the best and simplest of ingredients, country cooking with a contemporary note is the theme. From grilled Colcannon fishcakes, with creamy potato and stir-fried cabbage, to perfectly cooked asparagus with parmesan shavings, Parma ham and black pepper, rack of English lamb with mint and sun-blushed tomato sauce, and plum and almond puffs, all the recipes can be cooked conventionally or in an Aga. With country roots, but an eye firmly on cost and time, Lucy Young will inspire a new generation of cooks.

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