

Nutrition Therapy for Chronic Kidney Disease



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Kidney disease is a global health concern that affects people of all ages and races. Based on the work of the National Kidney Foundation and the Kidney Disease: Improving Global Outcomes foundation, guidelines have been developed outlining the parameters for patient care. **Nutritional Therapy for Chronic Kidney Disease** builds upon the discoveries made by these institutions and expands upon their recommendations to provide a comprehensive guidebook with practice protocols for individuals with kidney disease.

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With chapters written by expert authors drawing on their own experiences, the book:

Reflecting the medical community's emphasis on patient-centered care, this volume provides a complete primer on the importance of diet in maintaining kidney health and provides practical guidance to caregivers charged with devising nutritional strategies for kidney patients.

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