



Am I Weird Or Is This Normal?: Advice and Info To Get Teens in the Know

Marlin S. Potash, Laura Potash Fruitman

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Am I Weird or Is This Normal? is for every girl who has ever wondered whether all the stuff that's happening to her body, feelings, and relationships is normal -- and who's seeking the 411 that will get her in step with life.

Am I Weird or Is This Normal? is like being a part of a private conversation where you get answers and advice about all the stuff that's on your mind.

Everyone feels strange, embarrassed, and just plain weird at times. It's just that no one likes to talk about it. Except for Dr. Marlin, a psychologist specializing in teens, and Laura, her teenage daughter who has been in the trenches dealing with boys, school, her parents' divorce, and friends. This dynamic duo give the lowdown on everything so that you can handle all the sticky situations that crop up on the way to womanhood.

By giving you a look into other girls' experiences, *Am I Weird or Is This Normal?* will walk you through the options you have when you're:

- Uncertain about dating and sex
- Faced with alcohol and other drugs
- Feeling jealous
- Fighting with your friends and family
- Smack in the middle of life's other awkward moments

With uplifting mantras you can pull out whenever you need them, Dr. Marlin and Laura help you -- and those who love you -- get through life by seeing that weird is normal.

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People live in this new time of lifestyle always try and and must have the spare time or they will get great deal of stress from both way of life and work. So , when we ask do people have free time, we will say absolutely sure. People is human not just a robot. Then we inquire again, what kind of activity have you got when the spare time coming to a person of course your answer can unlimited right. Then ever try this one, reading guides. It can be your alternative within spending your spare time, the particular book you have read is definitely Am I Weird Or Is This Normal?: Advice and Info To Get Teens in the Know.

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