



# E-mail and Behavioral Changes: Uses and Misuses of Electronic Communications

*Fernando Lagrana*

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# E-mail and Behavioral Changes: Uses and Misuses of Electronic Communications

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**E-mail and Behavioral Changes: Uses and Misuses of Electronic Communications** Fernando Lagrana

This book is a study of the causes of spam, the behaviors associated to the generation of and the exposure to spam, as well as the protection strategies. The new behaviors associated to electronic communications are identified and commented.

Have you ever felt overwhelmed by the number of e-mail and textual messages in your inbox, be it on your laptop, your Smartphone or your PC? This book should help you in finding a wealth of answers, tools and tactics to better surf the ICT wave in the professional environment, and develop proper protection strategies to mitigate your exposure to spam in any form.

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