



Taking Back What's Been Stolen: a STOP STEALING workbook

Elizabeth Corsale MFT

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People with a compulsive stealing disorder often feel helpless about their compulsion and hopeless they can ever stop, even after they have been arrested and face frightening charges, jail time, and/or loss of relationships. Taking Back What's Been Stolen offers hope by providing a program based on the accumulated knowledge of decades of experience helping people stop stealing. The first workbook written for people with kleptomania/compulsive stealing disorder, it offers effective and practical methods to stop this destructive behavior, gain control of their lives, and become free to create a life of choice, and ultimately of deeper meaning. Note: If you are a therapist and are considering using this workbook as part of treatment, you may want to consider contacting the Pathways Institute (www.pathwaysinstitute.net) for training and consultation to work in this area of specialization.

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