

What Stops You? Overcome Self-Sabotage: Personal and Professional

Darlene Braden



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Do you dream or have you stopped dreaming? Is it because something inside you stops you from reaching your goals? This book, What Stops You? Will help you easily identify EXACTLY what is stopping you and why in your personal and professional life. It is a powerful and friendly way to map out where you are, personally or in business, what you want and most importantly HOW to change it. Come along and join Anna, the character in the book that will guide you to reach all your personal and professional dreams.

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