



It's Always Darkest Before the Fridge Door Opens: Enjoying the Fruits of Middle Age

Martha O. Bolton, Phil Callaway

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Laugh Your Way Through a Sticky Situation

Life is full of problems: there's not enough time in the day, your kids won't stop fighting, and those cars won't let you merge onto the highway. Not to mention the really bad stuff: your best friends are getting divorced, and your close relative is sick. It's enough to make you want to scream and cry and stomp your feet. But then you remember you're not three.

Life is like a refrigerator--it offers us a lot of good things, but it can be smelly if left for too long.

Don't let life be a stinker. God provided the equipment to laugh--we just have to remember to use it. Martha Bolton and Phil Callaway show how they look on the bright side of life as they teach us creative ways to deal with telemarketers, remind us that we could cope with the world if it wasn't for the people, and explain why M&Ms are healthy. Where there's a will, there's a way, and Martha and Phil will help you find a way to laugh yourself back into a joyful life!

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