

The Kaleidoscope Mandala Coloring Book: 50 Mandala Designs For Stress Relief, Relaxation and Art Therapy (Volume 1) (Adult Coloring Book

Series)

Michelle Shea



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With **50 beautifully** designed and unique mandalas, *Kaleidoscope Mandala* is a specifically created adult coloring book to help relief stress, promote relaxation, meditation and ease your mind as art therapy.

This best selling adult coloring book offers:-

- **Intricate designs** for hours of coloring pleasure to **simpler designs** for a quick coloring session, leaving you feeling accomplished & relaxed at the end of every coloring session;
- **High resolution designs** with consistent line width for plenty of room for coloring and shading, unlike other books with heavily black lines with no room to color;
- Delightfully detailed **designs which you can actually see** without squinting your eyes, yet neither are they too large, too simplistic or juvenile;
- Ideal book size of **8.5 x 11 inches** with designs printed only on **one side on bright white paper** making it suitable as a **beautiful gift** or for you to frame up your favorite pieces.

Simply sit back, relax and choose the design that connects most with you. Feel your **stress and anxiety slowly melting away** as you color stroke by stroke and shade by shade the beautiful mandalas and transform them into your own **personal and unique keepsake art piece.**

Be sure to check out these other titles from the Mandala series collection:

The Mystical Mandala Coloring Book (Volume 3)

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Frances Heath:A lot of people always spent their particular free time to vacation or maybe go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you would like try to find a new activity that is look different you can read a new book. It is really fun for you personally. If you enjoy the book that you read you can spent all day every day to reading a publication. The book The Kaleidoscope Mandala Coloring Book: 50 Mandala Designs For Stress Relief, Relaxation and Art Therapy (Volume 1) (Adult Coloring Book Series) it is rather good to read. There are a lot of those who recommended this book. They were enjoying reading this book. If you did not have enough space to create this book you can buy often the e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book provides high quality.

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